

# CONNECTICUT MEAL PACK FOR 9/11 DAY

Join 30,000+ Volunteers to Pack 9 Million Meals



**Thursday, September 11, 2025**

**Total Mortgage Arena**

600 Main Street, Bridgeport, CT 06604

## 250,000 MEALS IN CONNECTICUT

9/11 Day is hosting large-scale meal packs in 24 cities in observance of the September 11 National Day of Service and Remembrance. Nationwide, more than 30,000 volunteers will come together to pack 9 million meals for individuals and families facing food insecurity.

In **Connecticut**, more than **600 volunteers** will come together to pack **250,000 meals**! The meals will be donated to and distributed by **Connecticut Foodshare**, directly supporting the local community.

Together, we're turning a day of tragedy into a day of doing good.

## WHAT TO EXPECT AT THE MEAL PACK

Volunteers join a two-hour shift at a reserved table, teaming up in groups of 12 to pack, seal, and box thousands of meals for people in need. Each shift starts with a short and meaningful program, including a moment of silence and a performance of "America the Beautiful." From there, the energy rises as a live DJ kicks off the music and your team jumps into action. It's fast-paced, fun, and deeply rewarding — a chance to make a real impact together.

## THE MISSION OF 9/11 DAY

Our mission is to inspire millions of Americans to rekindle the spirit of unity and compassion that emerged after 9/11, and to perform good deeds and other acts of service in tribute to the 9/11 victims, survivors, first responders, and members of our military who bravely rose in service in response to the attacks.

**2025 Meal Pack Locations:** New York City (9/10 & 9/11), Atlanta, Boston, Bridgeport, Chicago, Cincinnati, Cleveland, Columbus, Dallas-Fort Worth, Denver, Detroit, Houston, Las Vegas, Los Angeles, Minneapolis-St. Paul, Nashville, Philadelphia, Phoenix, Salt Lake City, San Jose/Bay Area, Seattle, St. Louis, Tampa, and Washington, D.C.

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